

# PLATFFORM

For young people | bobl ifanc

## FREE WINTER ACTIVITIES WITH PLATFFORM

Yoga with Emma from Yogasteps

Monday's at 16:30 - 17:30 at the

Swansea Wellbeing Centre SAI 5PQ

Connect with others and **STRETCH YOUR BODY!**

### ART WORKSHOPS

Thursday's at 16:30 - 17:30 at

Platfform HQ Morriston SA6 8JG

6 week courses with different art materials!

Email us for dates and more info

Margam Park land based adventures 10:00 - 12:00

Saturday 29 January

Saturday 26 February

Saturday 26 March

### Music Workshop

Monday and Tuesday 10 - 3 February half term

Learn to write lyrics and then make a song!

### Craft Days

Wednesday, Thursday and Friday 10 - 3 February half term

A day of arts and crafts fun with the Platfform Team

Surfing at Aberavon Beach with Surf School Wales

Coming soon.....

For more details call Sarah 07972 631978 or  
email [youngpeople@platfform.org](mailto:youngpeople@platfform.org) or talk to one of the  
Platfform Team to book your spot