

PLATFORM

For young people | bobl ifanc

FREE SUMMER STUFF WITH PLATFORM

PLATFORM HQ IN MORRISTON SA6 8JG IS OPEN
MONDAY TO FRIDAY 10 - 4 starting MONDAY 25TH JULY

MONDAYS - BIG MEADOW DAYS

MEET AT NATIONAL WATERFRONT MUSEUM AT 0930 AND A MINIBUS WILL
TAKE US TO BIG MEADOW TO BE IN NATURE, GROW FOOD
AND HAVE FUN!
MINIBUS BRINGS YOU BACK AT 4 - BRING LUNCH!

TUESDAYS - PEER MENTOR TRAINING DAYS

MEET AT HQ AT 1000 TO TRAIN TO BE A PEER MENTOR
LUNCH PROVIDED!

WEDNESDAYS - SURF DAYS

MEET AT SURF SCHOOL WALES AT 1400 - 1800 FOR SURF CLUB BRING
SNACKS, WATER AND SUNSCREEN!

WEDNESDAYS - CLAY DAYS

MEET AT HQ AT 1300 - 1600 TO WORK WITH CLAY WITH KATY!

THURSDAYS - SELF CARE DAYS

MEET AT HQ AT 1000 - 1200 TO BOSS YOUR SELF CARE
WITH JASMINE!

FRIDAYS - STATE OF MIND DAYS

MEET AT HQ AT 1000 - 1200 TO JOIN A WELLBEING GROUP!

JEWELLERY WORKSHOPS WITH HANNAH

THURSDAY 18 AND THURSDAY 25 AUGUST
MORNING AND AFTERNOON SESSIONS AVAILABLE!

EVERY DAY IS A DROP IN DAY AT PLATFORM HQ FROM 10 - 4
IF YOU NEED A CHAT OR A POT NOODLE, CALL IN!

For more details PLEASE TEXT 07436 182360 or
email youngpeople@platform.org or talk to one of the Platform Team to
book your spot - LIMITED SPACES FOR ALL WORKSHOPS SO BOOK EARLY!