

THE HANGOUT

GROUPS AND ACTIVITIES

Our activity sessions are something different every week, from art to gaming, yoga or movie night.

- Monday** **Wellbeing group**
4pm – 5.30pm (11-13 yos)
- Tuesday** **Wellbeing group**
6pm – 7.30pm (14-18 yos)
- Wednesday** **Open study space**
3pm – 8pm
- Thursday** **Activity session**
4pm – 5.30pm (11-13 yos)
Activity session
6pm – 7.30pm (14-18 yos)
- Friday** **Activity session**
6pm – 7.30pm (14-18 yos)
- Saturday** **Activity session**
4pm – 5.30pm (11-13 yos)
- Sunday** **No planned activities**



To join email us at hangout@platform.org to let us know in advance, or just come on the day. platform4yp.org/hangout





[@Platform4YP](https://www.instagram.com/Platform4YP)



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

PLATFFORM

For young people I bobl ifanc